



Jewish Family Service
Caring for all Utahns since 1872

IMPACT REPORT 2025





Every Gift Matters

Donor generosity remained essential to our work in 2025. **Individual and corporate contributions accounted for nearly 47% of total revenue**, providing critical support in a challenging and evolving funding climate.

Special appreciation to our **Chai Society donors**, whose annual commitment of \$1,800 or more plays a vital role in strengthening individuals and families of all backgrounds through counseling, advocacy, care management, and education. Their generosity ensures the continuity, quality, and long-term impact of the services we provide. We are also incredibly grateful to our **Corporate Partners**, who strengthen our ability to deliver programs and services that address growing community needs.

Foundation and Government Funders, whose grants represented **more than 44% of our FY25 funding**, played an essential role in sustaining core programs and services.

Generous supporters who have named **Financial Assistance Funds** further expand our ability to respond quickly and thoughtfully to urgent needs. These dedicated funds provide targeted assistance to individuals and families facing emergency financial hardship, medical expenses, housing instability, caregiving challenges, and the unique needs of refugees.

Every donor, at every level of giving, plays an important role in advancing our mission. Whether a first-time gift or a longstanding commitment, your generosity makes a meaningful difference in the lives of those we serve.

A full list of our **Chai Society donors, Corporate Partners, Foundation and Government funders, and Financial Assistance donors** can be found on our website (jfsutah.org) under **Our Supporters**.

FY25 Financial Highlights

\$2.1m Total Revenue

\$996k
Individual &
Corporate
Donations

\$937k
Grant &
Government
Funding

\$189k
Investment/Interest
Program Revenue
Service Fees

70%
Programming
Expenses

18%
Management &
General Expenses

12%
Fundraising
Expenses

SAFETY NET PROGRAMS



Alex & Sally Lebwohl Food Pantry

34,378

individuals received food assistance

- **6,086** unduplicated individuals were served. Of those, **2,408 (40%)** were children.
- **28%** were single-parent households.
- **38%** of clients identified as refugee and asylum seekers.

"It wasn't just about the food - it was about feeling seen, cared for, and supported during one of the hardest times in my life."

-Alex & Sally Lebwohl Food Pantry Client



Emergency Financial Assistance

\$127,499

distributed to 139 clients

- **78%** were provided rental relief.
- **10%** received help to cover utilities.
- **12%** were helped with medical bills.

"Through your generous support with housing emergency funds, we were able to assist many of our clients in 2025 - helping women move from shelters into safe, stable apartments, prevent evictions, and most importantly, restore their sense of dignity, confidence, and self-worth during times of great vulnerability."

In addition, during the government shutdown and food stamp crisis, your food pantry played a critical role in ensuring that many of our clients had food on their tables. Because of your support, families were protected from food insecurity during an especially uncertain and stressful time."

- Women of the World Program Director





MENTAL HEALTH COUNSELING

When Jordan first sought therapy with JFS in April, he was struggling with the challenges of ADHD—trouble focusing, impulsivity, emotional overwhelm, and strained relationships. Though he had been relying on medication to manage his symptoms, he longed for a more sustainable solution, one that would help him regain control and strengthen his connections with others.

Through Dialectical Behavior Therapy (DBT), Jordan began learning practical, skill-based strategies to manage his emotions and reactions. Each week, he returned to therapy with stories of how he was applying these tools in his day-to-day life. “I finally feel like I have something that really works for me,” he shared.

As his confidence and emotional stability grew, Jordan made the courageous decision to stop taking his ADHD medication, confident that DBT was giving him the support he needed. Since then, he’s experienced continued improvements in focus, self-regulation, emotional control, and relationships. “I’ve never felt this grounded before,” he said.

**-Jen Parks, LMSW
JFS Counselor**

2,284

hours of affordable mental health counseling were provided

- **75%** of clients pay no more than \$25 per session.
- JFS was recognized with the **Kind Remembrance Award** from Caring Connections, a Hope in Grief program at the University of Utah College of Nursing, recognizing our Pre-Loss Grief Workshops & Suicide Loss Support Groups held in 2024.
- Our clinical team expanded the therapies available to clients, adding **Dialectical Behavior Therapy (DBT)** and **Eye Movement Desensitization and Reprocessing (EMDR)** to better support individuals experiencing complex trauma.
- In December, JFS started offering free mental health counseling for clients covered by **Medicaid**, ensuring that everyone, regardless of income or background, has access to high-quality, supportive mental health care.

7,127

hours of direct support to older adult clients and caregivers

- **1,650** hours of affordable respite care were provided to support caregivers and their loved ones.
- **75%** of participants in our Lunch Bunch groups reported positive benefits and **85%** shared that these groups reduced their feelings of loneliness and social isolation.
- **100%** of participants in our Exploring Creativity class reported enhanced creative expression along with a significant improvement in mood and sense of wellbeing.
- JFS was recognized as one of three nationwide recipients of the **Innovations in Alzheimer's Caregiving Award** at the American Society on Aging Conference in May.
- In August, JFS partnered with the Utah Creative Aging Coalition for the **Creative Aging Festival: Kaleidoscope – Aging with the Creative Spirit**, led by our very own Emily Christensen.

"JFS has been a bright spot in our caregiver dilemma. I have cancer and was receiving weekly chemotherapy. Ruth has dementia and leaving her alone for long periods was very stressful. The respite grant allowed us to obtain respite care through one of JFS' partner agencies—enough hours that the relief was substantial.

Caregiving is expensive and often out of reach. From our perspective, caregiving relief is one of the forgotten aspects of medical care and aging. I've done a lot of things over the course of my life—caregiving is certainly one of the most difficult. JFS fills a much-needed niche. We're very grateful for the assistance we received."

-Respite Care Program recipient

OLDER ADULT PROGRAMS



Thank you

for making a meaningful difference in the lives
of those we serve!



MAIL A DONATION

Send a check or DAF payment
to our office:

Jewish Family Service
495 East 4500 South
Salt Lake City, UT 84107



DONATE SECURELY ONLINE

through our website at

jfsutah.org

or by scanning this QR code



CALL US

to make a gift by phone or
discuss giving options

801-746-4334



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backgrounds through counseling, advocacy, care management, and education.

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