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## State of the Agency 2017

**Lisa Treiman, President  
Jewish Family Service Board of Directors**

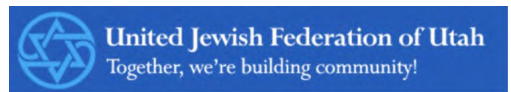


“There but for the grace of G-d go I.” When people ask me why I spend so much time volunteering for JFS, this is the phrase that always comes to mind. I am constantly amazed at all the meaningful and compassionate work the agency does and the diversity of people we serve. When I see the individuals using the food bank or hear about the families struggling to pay medical bills or rent, I consider it a privilege to volunteer at JFS where I can give back to a community greatly in need of resources.

Every board meeting Ellen gives a “Director’s Report,” outlining all the agency has accomplished in the past months. While it is rewarding to hear about the individuals and families the agency has helped, it is always frustrating to know that there are so many more who could benefit from our services. As a board, we had to ask ourselves: “Given our limited financial resources, can we do more?”

This became the focus of the agency and the board. We brought in a Utah State demographer, examined the current and expected needs in our community, and made a commitment to growth. The focus of the board shifted from “what we do” to “what do we need to do?”. We specifically looked into how we can strengthen the gaps in our programs and services while maintaining fiscal responsibility. Our decisions to increase our office space, hire a bilingual counselor to address the mental health needs of the Spanish-speaking community, create new partnerships to have perishable food available in our food pantry, and steward funds raised by the community to assist refugees were all a result of this process. JFS will continue to examine more ways to strengthen the gaps and expand our services to meet the ever-growing needs in Salt Lake City, Park City, and surrounding areas.

We recognize that it is our generous donors and volunteers who enable us to continue to help our community. I would personally like to thank all the foundations, corporations, and individual donors who support JFS. Without you, none of this would be possible. Thank you for helping JFS grow to meet needs.



*Strengthening Individuals and Families of all backgrounds through Counseling, Advocacy, Care Management, and Education*

# We can do so much More because of **YOU**



Over **2,564 hours of counseling services** in our Salt Lake and Park City offices by licensed professional therapists to 500 individuals, couples and families. We are excited to welcome our new Spanish-speaking counselor to our staff.



Over **\$18,000 in Emergency Assistance** to prevent homelessness for 300 individuals, assisting with necessities like rent, utilities, and medication.



**9,468 volunteer hours of service** to support the programs of JFS, including friendly visiting, senior companions, transportation and errand assistance for clients, event planning, and office support.



Over **60,000 pounds of food** – from the Utah Food Bank, food drives at Congregation Kol Ami and Temple Har Shalom, B'nai Mitzvah projects, other community organizations and individual donors – distributed to 5,219 individuals (1,827 families) facing food insecurity.



Project EncourAge/Caregiver Connection **helped 578 older adults age in place**. Services provided include care planning & management, respite, counseling, nutrition assistance, emergency financial assistance, Music & Memory, volunteer services & creative arts. We started a caregiver support group which meets monthly to provide education related to caregiving & respite.



**Outreach, socialization and education** through our Lunch Bunch groups for people over 60. **80 people** participate in these monthly groups.



The JFS **Music & Memory Program has served over 500 families** since it was founded in 2013. Caregivers found that using Music & Memory calms and/or improves the mood and communication with their loved ones with Alzheimer's disease or other forms of dementia.



**Our writing workshops** consist of two six-week workshops for healthy seniors. Writing Through Grief supplements the healing of our counseling services for people dealing with loss. Re-Imaging Your Life teaches that creative aging will help people find new directions as they approach their senior years.



The Parent Plus Program **taught skills to enhance and strengthen family relationships** to 166 family members in 2017.

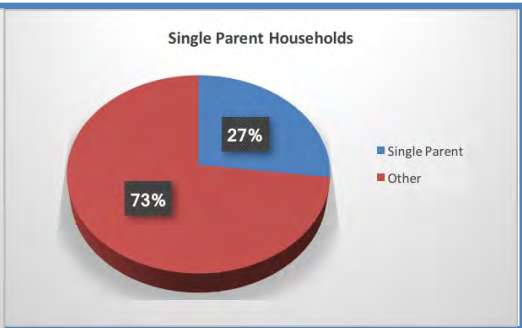
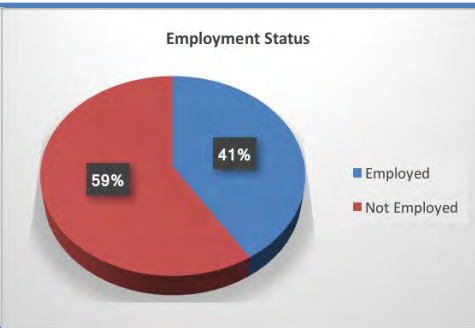
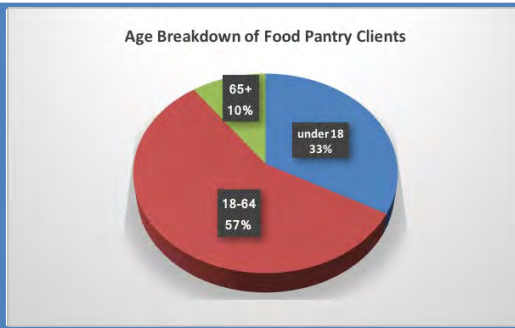
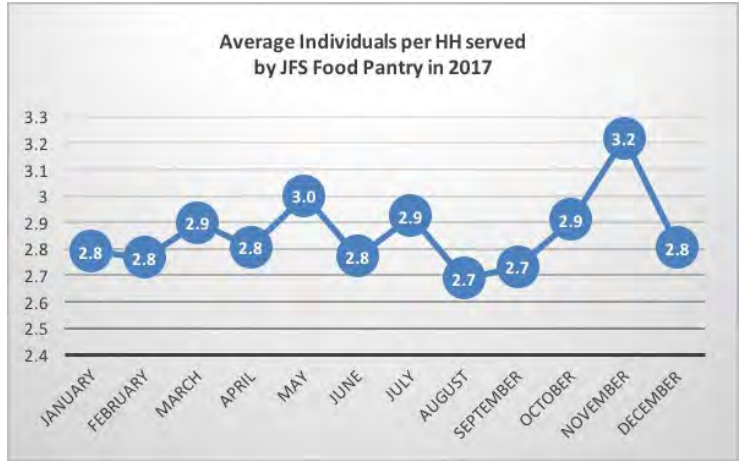
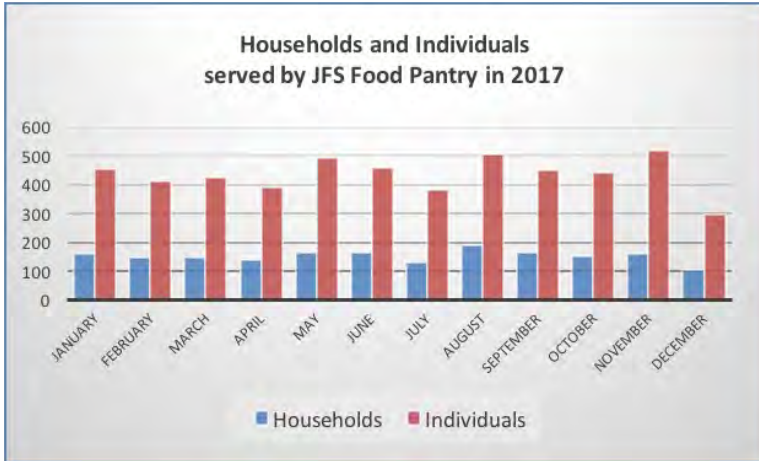


The Refugee Fund has helped more than 96 families (439 individuals) in its first year, helping refugee families **successfully transition** to life in Utah.



The Mind-Body Skills Group provided scientifically proven techniques to improve **physical and emotional health** to 24 individuals.

# Jewish Family Service Food Pantry 2017 in Review



Year	Pounds of Food	Families Served	Individuals Served
2014	5,226	219	604
2015	19,706	531	1,469
2016	60,430	1,797	5,108
2017	45,505	1,827	5,219

### The JFS Food Pantry is growing!

- ⇒ Our food pantry has tripled in size and ability to serve our community.
- ⇒ Hired a dedicated coordinator to better serve food pantry recipients and connect them with other resources
- ⇒ Added refrigerators so we can provide perishable fruits, vegetables, dairy and protein. In 2017 we began partnerships to obtain perishable foods with:
  - ⇒ The Bishops Storehouse Commodities Partnership
  - ⇒ Grocery Rescue Program
  - ⇒ Backyard Garden Share partnership
- ⇒ We continue our community collaborations with food and volunteers from:
  - ⇒ Utah Food Bank / USDA Contract
  - ⇒ The McGillis School
  - ⇒ Congregation Kol Ami
  - ⇒ Rowland Hall
  - ⇒ Temple Har Shalom
  - ⇒ Clyde Snow & Sessions Law Firm
  - ⇒ I.J. & Jeannè Wagner Jewish Community Center

Jewish Family Service has expanded its office space to make more room for our Food Pantry and Counseling Services. The expansion triples the size of the JFS Food Pantry and allows room for more University interns and counselors. JFS is offering naming opportunities for our offices and Food Pantry to help cover the costs of this expansion. Please contact JFS if you are interested.

## Help JFS Meet Growing Needs

## Thank you to Vail Resorts

Jewish Family Service is very grateful for the generous donation made by Robert Katz and Elana Amsterdam of Vail Resorts to fund a full time bilingual counselor at JFS. This helps meet the great need for a counselor to serve the Spanish-speaking community at JFS' Park City office located in the People's Health Clinic. Roxana sees clients in both the Park City and the Salt Lake City offices.

## Counseling Results That Change Lives

JFS uses the OQ-45 to measure outcomes for mental health counseling. The OQ is a clinically validated tool to inform progress of treatment and best treatment practices.

The OQ tracks symptom distress (anxiety, depression, stress); interpersonal relationships (loneliness, conflict at work, marital problems); social roles (partner, co-worker, mother); and risk factors (suicidal thoughts, thoughts of harming others, substance abuse/use). A counseling client is asked to complete an OQ questionnaire prior to each counseling session and the results are reported immediately to the counselor. The OQ enables JFS counselors to help patients and enhance their professional development as well.



### Jewish Family Service Counseling Program Outcomes 2017

(All samples are based upon clients with 2 or more points of data for comparison)

91% experienced **decrease in Symptom Distress**

i.e. symptoms of anxiety disorders, adjustment disorders, and stress related illness

93% experienced **decrease in difficulties** with Interpersonal Relationships

i.e. loneliness, conflicts with others, marriage and family problems

98% experienced **decrease in difficulties with Social Roles**

i.e. extent to which difficulties in social roles of worker, homemaker, or student are present

98% experienced **decrease in Risk Factors**

i.e. thoughts of ending life, thoughts of harming others, substance use/abuse

75% of clients experienced **significant improvement** in OQ outcomes from initial to most recent measurement

95% of clients experienced an **overall improvement** in OQ outcomes from initial to most recent measurement



## WRITING WORKSHOPS

- WITH DEBBIE LEAMAN

**About Debbie Leaman**—Debbie has re-imagined her life more than once. As an east coast transplant, she left a 20+ year career in the investment world to tap into her creative self and become a freelance writer. Her writing, including personal essays, has appeared in numerous local, national and international magazines and on various websites. As a writing coach, Debbie listens deeply, helping others translate their thoughts, experiences, and feeling into words on the page.

### WRITING THROUGH GRIEF

Writing can help guide us toward deeper understanding of the pain and suffering of loss.

Whatever the reason for grieving—divorce, death of a loved one, illness, aging, job loss, empty – nesting, moving — this workshop is designed to provide a supportive environment for participants to explore and honor all feelings of grief with the end-goal of producing a personal essay.

Writing prompts, exercises and readings will offer new ways to express thoughts. Putting pen to paper gives us the opportunity to change perspective and transform suffering into healing.

### CREATIVE AGING—RE-IMAGINING YOUR LIFE

**“Where do I belong?” “Who am I, now that I’m not who I used to be?” “What is my purpose?”** - These are common questions we all ask as we grow older. Expressive writing opens us up to new possibilities, helps unblock us, and reveals new pathways toward reinvention and discovery—it changes our perspective in ways that we might not have otherwise seen.

Through shared stories, guided writing prompts, readings, journaling, and other creative means, you will uncover your own personal answers, helping you find purpose and meaning in life’s next act. Creative aging means tapping into experience, wisdom and curiosity to awaken a renewed sense of self and create a fulfilling and engaged life. A goal of the class is to work on a personal essay which will provide an opportunity to share your story. No writing experience is necessary. All writing levels are welcome.

**Debbie also offers one-day writing workshops—see the JFS website!**

## Mind-Body Skills Group

Jewish Family Service and Salt Lake Family Health Center will be co-hosting another 9 week series of the popular **Mind-Body Skills Workshop** led by Mara Rabin, MD and Amy Edwards, ACMHC, happening several times in 2018. Please watch for dates (see [www.jfsutah.org](http://www.jfsutah.org) or call 801.746.4334).



Enhance self-care and improve wellness in this supportive small group setting with scientifically proven skills to boost physical and emotional health.

**To learn about times, prices and locations for any of these education programs,** go to <https://jfsutah.org/our-programs/everyone> or call Jewish Family Service at 801.746.4334.

**Sliding fee scales are available for these JFS education programs.**

## JFS Programs for Adults and their Caregivers

### ◆ Caregiver group training and support



Our monthly *no cost* group provides educational, emotional, and social support to individuals caring for someone with Alzheimer's disease or other dementia. Topics vary by month. Lunch is provided, as is *care for your loved one*.

**WHEN:** Last Friday of every month

**TIME:** 11:00 a.m.—12:30 p.m.

**PLACE:** Jewish Family Service, 1111E Brickyard Road, Suite 218, Salt Lake City

**Phone:** Rosemary, Older Adult Care Manager, 801-746-04334 (Space is limited.)

Please call to RSVP, get on our e-mail list or ask about respite care.

### ◆ Solutions to Senior Hunger

**Did you know—**

- ◆ 1 in 7 Seniors live in poverty nationwide
- ◆ 60% of Seniors who are eligible are not receiving benefits

JFS cares for all members in our community, and knows that too many Seniors are hungry. In addition to volunteer visitors delivering food from our Food Pantry, JFS helps Seniors determine if they are eligible for SNAP food benefits, and helps them apply for these benefits. As the application is online, we are happy to help overcome this hurdle.

### ◆ Music & Memory

The Music and Memory program is an innovative and effective tool providing personalized music (including an iPod and headphones) to older adults living with cognitive decline such as Alzheimer's and other forms of dementia, as well as chronic illnesses.

Personalized music can:

- ◆ Reduce or eliminate agitation and anxiety
- ◆ Restore identity and memories
- ◆ Improve functioning and mood
- ◆ Increase socialization
- ◆ Benefit both the care recipient and caregiver

Jewish Family Service of Utah is a leader in offering community-based Music and Memory services. In 2017, we trained 10 other Jewish Family Service agencies around the US to bring this program to their communities.

**You can help! Donations of iTunes cards, and new or gently used iPod shuffles are needed and greatly appreciated.**

# A Community that Cares

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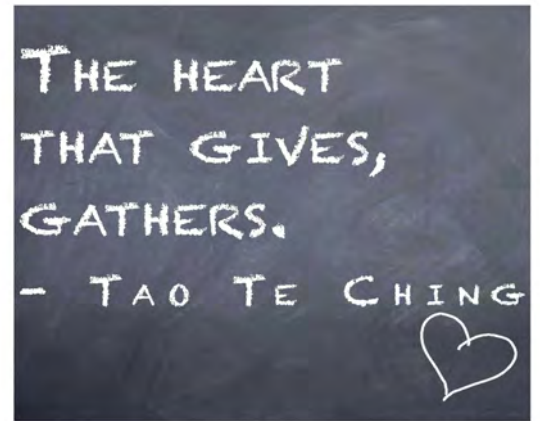
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(ז"ל) Of Blessed Memory

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## 2017



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**In Honor of Karen Lindau and David Goldenberg**  
 David Anson

**In Memory of Lisa Hardaway**  
 Sue & Bob Prottas

**In Memory of Harold Jaffe**  
 Hindy Friedman  
 Sue & Bob Prottas

**In Honor of Joelle Kanshepolsly**  
 Annette Kanshepolsky

**In Memory of Myron Korn**  
 Rhoda Zelitt

**In Honor of Dan Kotler's birthday**  
 Carol and Ted Levy

**In Memory of Doris Krensky**  
 Tod Cohen  
 Denise Doebbeling  
 Susan Garell

Ruth & Tim Hansen  
 Rachel & Jason Huemer  
 Robert Mayer  
 Wilma Odell  
 Geri & Gordon Siegel  
 Freida & Harvey Sweitzer  
 Liz Tashjian  
 Betty & Frank Yanowitz

**In Honor of the LaMere and Fenwick Families**  
 Cathy & Robert Dern  
 Lois Spiegel

**In Memory of Dorothy Sue Lapin**  
 Elaine & Joel Miller  
 Sue & Bob Prottas

**In Memory of Ronnie Litant**  
 Ronda & Peter Turk

**In Honor of Carol and Ted Levy**  
 Judith & Donald Horwitz

**In Honor of Jeff and Laura Lipson**  
 Joseph Shafran

**In Honor of Maria Teresa Maestas**  
 Robert Maestas

**In Memory of Judith Eve Mahler**  
 Naomi Franklin

**In Honor of Norman Malmstrom**  
 Ingrid Davis

**In Memory of Ron Phillip**  
 Carol and Ted Levy

**In Memory of Linda Rashkin**  
 Esther Rashkin

**In Honor of Bernard Saliman**  
 Lisa Goldstein Kieda & Dave Kieda

**Wishing a speedy recovery to Annie Sandler**  
 Carol and Ted Levy

**In Honor of Susan Schulman and Bill King**  
 Miriam & Sherman Bloom

**In Memory of William Schulman**  
 David Anson  
 Miriam & Sherman Bloom  
 Vivian & David Dowsett  
 Hindy Friedman  
 Karen Lindau & David Goldenberg  
 Cheryl Ann Palmer

**In Honor of Jill & Richard Sheinberg**  
 Catherine Morrison

**In Honor of the Sheinberg / Turok Family**  
 David Cohen  
 Cathy & Robert Dern  
 Daniel Sheinberg  
 Lois Spiegel  
 Judith Thorn

**In honor of David Turok & Annabel Sheinberg**  
 Angela Dean & Tim Brown

**In Honor of Ellen Silver**  
 Barbara & Stephen Hecht  
 Judith & Donald Horwitz  
 Jane & Charles Marantz  
 Joy Zweig

**In Memory of Lester & Annette Silverstone**  
 Naomi Silverstone

## Tributes

### *In Memory of Bert Spiegel*

Orly & Ehud Ardon  
Ann & Paul Bernstein  
Karen Curtin  
Joyce & Jack Dolcourt  
Vivian & David Dowsett  
Deanna Rosen & Richard Dunie  
Carol & Jerry Einhorn  
Joy & Bill Erickson  
Deborah Feder & Aaron Fogelson  
Rebecca Fleischman  
Andrea Globokar  
Denise & Doug Goldsmith  
Beth Krensky & Ed Gorfinkle  
Benita Jackson  
Lisa Goldstein Kieda & Dave Kieda  
Doris (z"l) & Arthur Krensky  
Debbie & Howard Leaman  
Susan & Peter Litvack  
Jackie Osherow  
Nano & Gilbert Podolsky  
Retired Foreign Service Employees  
Deanna Rosen  
Mary Jane Ciccarello & Morris Rosenzweig  
Barbara & Jim Schallheim  
Twenty Man Club, LLC

### *In Honor of Jania Sommers*

David Anson

### *In Memory of Helen Spitzberg*

Carol & Ted Levy

### *In Honor of Nancy Stanislaw's birthday*

Carol and Ted Levy

### *In Memory of Eric & Mark Stevenson*

Lori Krasny & Jeff Stevenson

### *In Honor of Thomas Steinmetz's birthday*

Carol and Ted Levy

### *In Honor of Buzz & Polly Strasser*

Jill & Richard Sheinberg

### *In Honor of Freida Sweitzer's birthday*

Wilma Odell

### *In Memory of Fred Tannenbaum*

Pam Foote

### *In Honor of Ira Tannenbaum's Birthday*

Carol & Jerry Einhorn

### *In Honor of Lynne Wimmer*

Hindy Friedman

### *In Memory of Verner Zinik*

Helene & Richard Jaffe

# Our Donors 2017



## ☞ Donating to JFS ☞

Donations can be made by calling or visiting JFS, by mail to our office, or securely online via [www.jfsutah.org/support-jfs/donate](http://www.jfsutah.org/support-jfs/donate).

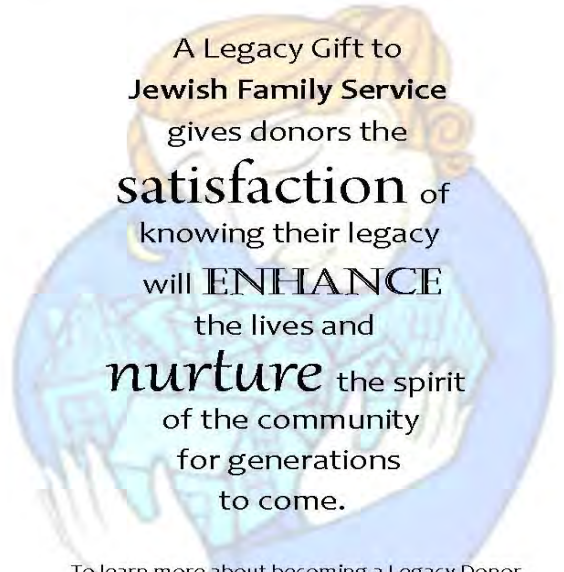
Jewish Family Service of Utah is a 501(c)3 charitable organization. Your contribution is tax-deductible to the extent allowed by law\*. There are many ways to donate:

- ☞ **Designated Online Days of Giving** - LoveUTGiveUT and LivePCGivePC are online community appeals that occur in November.
- ☞ **Corporate Matching** - Ask your employer if they have a matching gift program—an easy way to increase your donation to JFS.
- ☞ **State or Federal Employee Campaigns** - If you are a state or federal employee there are designated ways you can donate.
- ☞ **United Way** - You can contribute to JFS by donating through the United Way of Salt Lake, whether by a one-time gift or a recurring payroll deduction. Be sure to designate Jewish Family Service of Utah for your donation.
- ☞ **Donor Advised Funds** - Your gift to JFS is eligible for recommended donations under all donor advised funds.
- ☞ **Individual Retirement Accounts (IRAs)** - Talk to your financial advisor about making a donation to JFS via a distribution from your IRA.
- ☞ **Tribute Cards** - Honor those close to you and support JFS at the same time. Make a donation in any amount to JFS "In Honor of ..." or "In Memory of ..." and JFS will send a lovely Tribute Card to the designated recipient with your requested sentiments. Send Tribute Cards to commemorate weddings, anniversaries, Bar and Bat Mitzvahs, birthdays, other milestones and remembrances.
- ☞ **Planned Giving/Bequests** - A planned gift or endowment helps to ensure clients have strong, responsive programs and services for generations to come. JFS is a founding member organization of the Utah Community Legacy Project, securing a vibrant future for our community. To learn more about becoming a legacy donor, please contact Ellen at 801.746.4334 or [ellen@jfsutah.org](mailto:ellen@jfsutah.org).

\* Please consult a tax advisor. The above is not legal or tax advice.

## JFS Funders

- American Express Center for Community Development
- Castle Foundation • The Church of Jesus Christ of Latter-Day Saints Foundation • The Daniels Fund • George S. & Dolores Doré Eccles Foundation • The Gilmor Foundation • Healthy Senior Collaborative • Herbert I. & Elsa B. Michael Foundation • Intermountain Community Care Foundation & Community Partner Fund
- The Jarvis & Constance Doctorow Family Foundation
- Kahlert Foundation • King Family Foundation
- Lawrence T. & Janet T. Dee Foundation
- Marriner S. Eccles Foundation • McCarthy Family Foundation
- Music and Memory • Park City Community Foundation
- R. Harold Burton Foundation
- Rocky Mountain Power Foundation
- Salt Lake County Community Development Block Grant
- Sorenson Legacy Foundation
- United Jewish Federation of Utah • United Way of Salt Lake
- Utah Department of Workforce Services
- Utah Emergency Food Network
- Utahns Against Hunger • Wheeler Foundation •



A Legacy Gift to Jewish Family Service gives donors the satisfaction of knowing their legacy will ENHANCE the lives and nurture the spirit of the community for generations to come.

To learn more about becoming a Legacy Donor, contact Ellen Silver at 801.746.4334 or ellen@jfsutah.org.

*Jewish Family Service is a founding member organization of the Utah Community Legacy Project .*

# ADOPTION HOME STUDIES



Jewish Family Service

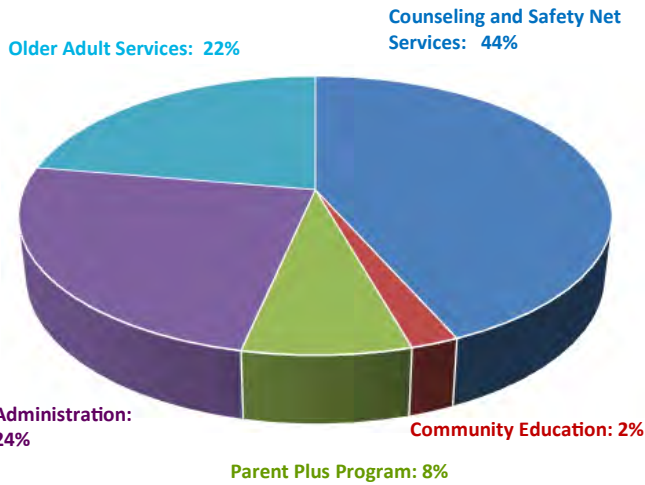


### Jewish Family Service offers:

**Comprehensive pre- and post-adoption home studies (no placement services) by a licensed clinical social worker with 25 years of adoption experience. For further information and fee schedule, please contact JFS at 801.746.4334**

**JFS Serves ALL people. We are OPEN & INCLUSIVE, and NON-DENOMINATIONAL.**

### Distribution of Income



### In-Kind Donors 2017

- |                                    |                                       |
|------------------------------------|---------------------------------------|
| Mickey Adelhardt                   | Chef Adam Kreisel                     |
| David Anson                        | Little America Hotel, Salt Lake City  |
| Susan Arsht                        | Chris Mautz                           |
| Barbara Bannon                     | Robert Mayer                          |
| Ann & Paul Bernstein               | Teresa & Mauricio Mixco               |
| Carolynn Bottino                   | Jack Nathanson                        |
| Caffe Espresso                     | Steve Rachele                         |
| Clyde Snow & Sessions              | Bonnie Shepherd                       |
| Congregation Kol Ami               | Gerry & Gordon Siegel                 |
| Elizabeth Conley                   | St. Catherine of Siena, Newman Center |
| Helene Cuomo                       | Smith's Food & Drug                   |
| Anne Goldberg & Brent Christiansen | Natalie & Eric Stander                |
| Virginia Goldberg & Michael Langer | The State Room                        |
| Norine Halbe                       | Temple Har Shalom                     |
| Linda Hilton & her Youth Group     | Tiffany & Co.                         |
| Tina Hornung                       | Utah Food Bank                        |
| An D. Khong                        | Carey Wolchok                         |
| Lisa Goldstein Kieda & David Kieda |                                       |

## Jewish Community Caregiver Training Fund

Out of respect for the important job of adult care as she managed long-distance caregiving for her father, Susan Schulman has seen a need and decided to make a difference. She established a fund to help train people to meet the many care needs of dependent and infirm adults. This fund recognizes the professionalism of these important workers and will help our community by improving the quality and availability of care as we and our loved ones need this help.



## Refugee Assistance Fund

Last spring Ted and Carol Levy were inspired to help the refugee community. In partnership with Jewish Family Service, their inspiration has created a fund to assist refugees in Utah. The Refugee Assistance Fund has helped over 96 families (439 individuals) in its first year, with everything from tuition to help with rent and utilities when the family breadwinner was injured or ill. The Levys are honored by the fact that more than \$40,000 was used to help refugees in the fund's first year. "The level of support has exceeded our expectations and we hope to expand support as we appeal to the greater Jewish Community."

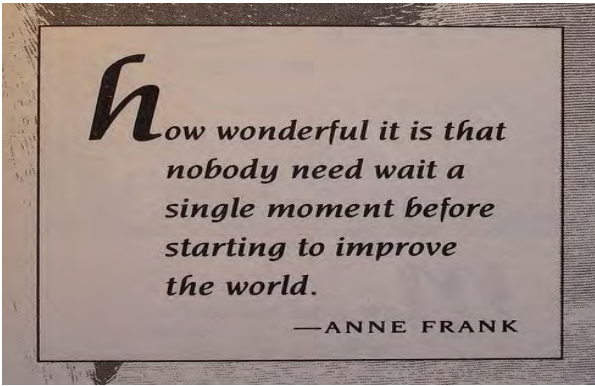
For more information about supporting these funds please contact Ellen Silver at [ellen@jfsutah.org](mailto:ellen@jfsutah.org)



L'Dor Vador—From Generation to Generation  
10th Annual Tribute Dinner honoring  
The LaMere / Fenwick Family  
and  
The Sheinberg / Turok Family

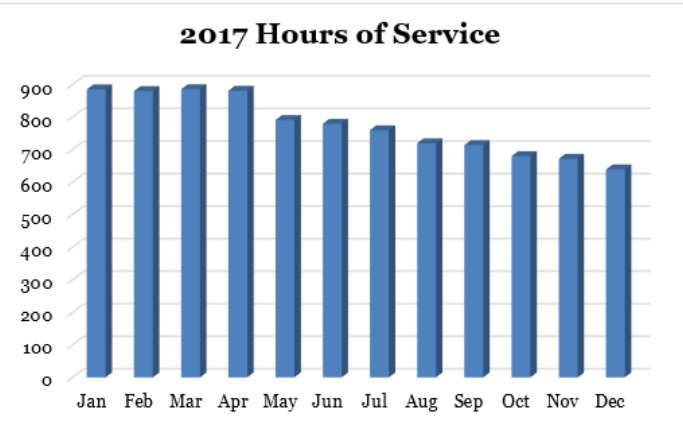


*Save the Date for the 11th Annual Tribute Dinner  
Sunday, October 14, 2018*

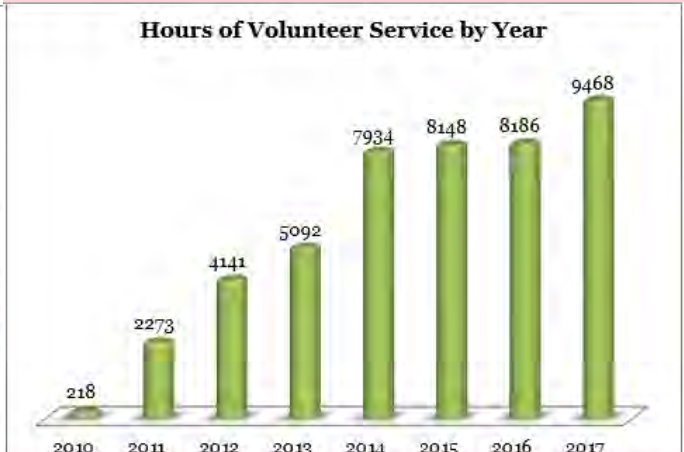
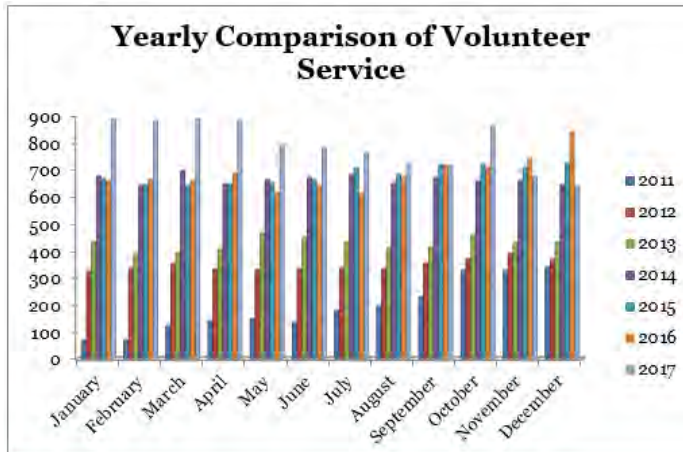


In 2017, 185 families were served by volunteers who help clients by offering friendly visiting, respite to caregivers, assistance with errands, chore assistance, transportation to doctors' appointments, and helped with the Music & Memory program. Additional volunteers assisted in the planning and organization of JFS' annual fundraising event, its lunch group for seniors, the JFS Community Lecture series, and the Food Pantry.

## Jewish Family Service Volunteer Program Year End Report 2017



- In 2017:**
- 9,468 hours of volunteer service
  - Volunteers provided an average of 774 hours of service per month
    - 185 clients and families
  - More than 5,000 Food Pantry patrons were served by JFS volunteers
- We are pleased to have our largest volunteer program to date, with:**
- 53 General Volunteers
  - 10 Senior Companions
  - 33 Food Pantry Volunteers
    - 7 Academic Interns
  - 10 Lunch Bunch Volunteers
  - 16 Support / Board Volunteers



The average value of a volunteer's time in Utah is now placed at \$24.44\* per hour. By that standard, our volunteers provided a value of more than \$228,000 in time and service in 2017.  
 \*Reference: Bureau of Labor Statistics

## JFS Programs

Jewish Family Service helps people of all denominations and generations address life's challenges. With offices in Salt Lake City and Park City, JFS is one of the only social service agencies along the Wasatch Front providing these services to those in need on a sliding fee scale, so that all seeking assistance can receive our services regardless of ability to pay.



JFS provides a lot of services, but the most important one is the caring and skill to consider each client as a whole person and determine how we can best help. These programs are among the ways we can meet individual and family needs.

Counseling for Individuals, Couples and Families

Adoption Home Studies

Community Lecture Series

Joseph & Evelyn Rosenblatt Free Loan Fund

Lunch Bunch Socialization & Education

Mind-Body Skills Class

Safety Net Program, including:

Food Pantry, Thrift Store Vouchers and

Emergency Assistance Funds

Solutions to Senior Hunger

Holiday Food Program

Older Adult Services, including:

Care Planning and Management for Seniors

Émigré Services

Jewish Community Caregiver Training Fund

Music & Memory

Project EncourAge and Caregiver Connection

Parent Plus Program

Refugee Assistance Fund

Volunteer Opportunities

Writing Workshops

# Expressions of gratitude from those helped by JFS

Dear Jewish Family Service,  
 Thank you so much for helping me pay the remaining rent I owed. My SSI stopped and I was afraid that I would be homeless if I couldn't pay the leftover from Housing's portion (now fixed). I am so grateful for your help. I really appreciate it. Thank you!



*"To All at JFS, Thank you for your services, your support, and always your kindness."*

## JFS Staff

**Executive Director**  
 Ellen Silver, LCSW

**Older Adult Care Manager**  
 Rosemary Quatrala

**Administrative Assistant**  
 Elizabeth Anderson

**Counseling Services Coordinator**  
 Alle Salazar, LCSW

**Spanish Language Counselor**  
 Roxana Cordova

**Development & Marketing Assistant**  
 Caroline Gaudy

**Parent Plus Program Coordinator & Counselor**  
 Amy Edwards, ACMHC

**Volunteer Coordinator**  
 Robin Perley

**Grant Writer & Communications Coordinator**  
 Pati Comes

**Care Coordinator**  
 Hindy Friedman

**Food Pantry Coordinator**  
 Eric Stander

**Bookkeeper**  
 Kathlene MacGregor

**Émigré Services Coordinator**  
 Marina Varshavsky

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Helping people of all faiths throughout Salt Lake, Summit and Wasatch counties address life's challenges

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Jewish Family Service



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